

Focus on Success

Understanding the Risks and Rewards of Technology 2023-2024 School Year

Program includes age-appropriate versions for 6th grade, 7th-8th grade, and 9th-12th grade.

6th-12th Grade Outline for a One-Hour Program

Portions of the program will be omitted if less than one hour.

Introduction / Dreams and Goals

Staying focused can help you reach your dreams and goals.

Interactive game shows examples of “old” technology and how quickly things have changed.

Examples of both positive and negative uses of technology, and how those choices could affect your future.

Discussion of Media Myths.

Sex-Saturated Society

Sexual images and pressures appear in advertising, TV/movies, internet, etc.

The impact of advances in technology on culture.

Pressure to look a certain way can lead to anxiety, low self-esteem, and body shaming.

Pornography / Sexting

Pornography is any literature, video, or photography containing nudity, partial nudity, or sexual activity for the purpose of sexual excitement.

Students learn the short- and long- term risks of sexting.

Juvenile Sexting Law and Relationship Privacy Act are discussed.

Sextortion and Revenge Porn are discussed.

Object lesson demonstrates the addictive power of pornography which can lead to an imbalance of dopamine in the brain.

Pornography contributes to human trafficking and sex trafficking (*Senate Bill 9 Component*).

Healthy Choices / How to Make a Difference

Reduce it - Find times to use your technology less.

Replace it - Make time for friends and family and create connections with real relationships.

Reclaim it - Use technology in a healthy and productive way to build relationships.

Conclusion / Survey

Choose what’s best - Focus on Success!

A voluntary, anonymous survey is offered to students. Response averages/comments are sent to the school.